

## Instructions for Kiddush – the Blessing Over the Wine

Cantor will call both you and the Candle Lighting participant to the pulpit at the appropriate time. You should bring your prayer book with you.

After the Candle Lighting participant has said the Candle lighting blessing in Hebrew and English, you will read starting at the bottom of page 9 in English. At the top of page 10 you will lift the cup of wine (actually, it's grape juice) and read the blessing in Hebrew then English (at the top of page 10 through "Creator of the fruit of the vine"). Continue to hold up Kiddush cup. After Cantor sings the Kiddush, take a sip of the "wine". Then both participants will return to their seats.

Both pages 9 & 10 are copied below.

### Shabbat Evening Service

Shabbat Candles: Blessed God, Let Your Light Enter Our Souls and Our Hearts

הדלקת הנרות

Read

Almighty God, on this Shabbat, grant us and our loved ones rest and renewal. May the light of these candles drive out from among us all tension and anxiety. Send Your blessings to our children that we may walk in the ways of Your Torah, Your light. ]

Baruch Atah  
Adonai Eloheinu,  
Melech ha-olam,  
asher kid'shanu  
b'mitzvotav,  
v'tzivanu P'hadlik  
neir shel Shabbat.



light candles,  
then say blessing

ברוך אתה יהוה אלהינו,  
מלך העולם,  
אשר קדשנו במצותיו,  
וצונו להדליק נר של  
שבת.

Read

Blessed are You Lord, Adonai our God, Ruler of the universe, who makes us holy through divine commandments, and who commands us to create Shabbat light. ]

Kiddush: We Bless the Wine and the Sabbath Day

קדוש

Read

Let us praise God with this symbol of joy, and be thankful for the blessings of the past week: for life and strength, for home and love and friendship, for the discipline of our trials and temptations and for the happiness that has come to us out of our labors. You have ennobled us O God by the blessings of work, and in love You have sanctified us by Sabbath rest and worship as ordained in the Torah: six days you shall labor and do all your work, but the seventh day is Shabbat to be hallowed unto the Lord, Adonai your God. ]

Adapted from the Union Prayer Book  
Adonai

lift cup,  
then say

Baruch Atah Adonai  
Eloheinu, Melech ha-olam,  
borei p'ri hagafen.

ברוך אתה יהוה אלהינו,  
מלך העולם,  
בורא פרי הגפן.

Blessed are You Lord/יהוה our God, Ruler of the  
universe, Creator of the fruit of the vine.

Baruch Atah Adonai Eloheinu,  
Melech ha-olam, asher kid'phanu  
b'mitzvotav v'ratzah vanu,  
v'Shabbat kodsho b'ahavah  
uvratzon hinchilanu, zikaron  
l'ma-asei v'reishit. Ki hu yom  
r'chilah l'mikra-ei kodesh, zeicher  
litzi-at Mitzrayim. Ki vanu  
vacharta, v'otanu kidashta, mikol  
ha-amim. V'Shabbat kodsh'cha  
b'ahavah uvratzon hinchaltanu.  
Baruch Atah Adonai, m'kadeish  
haShabbat.

ברוך אתה יהוה אלהינו, מלך  
העולם, אשר קדשנו במצותיו  
ורצה בנו, ושבת קדשו באהבה  
וברצון הנחילנו, זכרון למעשה  
בראשית. כי הוא יום תחלה  
למקראי קדש, זכר ליציאת  
מצרים. כי בנו בחרת, ואותנו  
קדשת, מכל העמים. ושבת  
קדשך באהבה וברצון הנחלתנו.  
ברוך אתה יהוה, מקדש השבת.

Blessed are You Lord/יהוה our God, Ruler of the universe, who has sanctified us with  
divine commandments, taken pleasure in us, and with love and favor given us this holy  
Sabbath as a heritage, to remind us of creation. For this day is the first among the holy  
convocations to remember the exodus from Egypt. You chose us and sanctified us from  
among all the nations, and with love and favor You gave us Your holy Sabbath as a heritage.  
Blessed are You Lord/יהוה, who sanctifies the Sabbath.

